

Gear List for 3 days Border Marker Hunting on the Scabby Range 14-16 March 2014

Pack	Kgm
GoLite Pinnacle pack	0.939
Kathmandu 65l dry sack pack liner	0.144
Pack cover	0.115
Tent	
Tarptent Moment with 2 pegs + extra crossing pole + groundsheet in stuff sack	1.058
Sleeping	
Therm-a-rest Prolite 4 sleeping mat	0.450
Western Mountaineering Ultralite sleeping bag in dry bag	0.810
Sleeping bag silk liner	0.130
Black Diamond Storm headlight with 4*AAA batteries in plastic bag	0.100
Extra Clothes	
Paddy Pallin Vista shell (rain coat) in stuff sack	0.870
Thermal top, beanie, gloves in plastic bag	0.429
Spare shirt, top in plastic bag	0.421
Scrub gloves	0.109
Hygiene	
Trowel and toilet paper	0.101
Toothbrush and paste, chux towel, comb	0.063
Cooking	
Full 100gm net gas canister, scourer, chux, plastic spoon, foil windshield, lighter in Aluminium billy + burner in bag	0.571
Plastic cup	0.043
Pocket knife	0.038
Safety/Navigation/Recording	
SPOT Connect with 2*AA Li batteries (PLB+ functionality)	0.138
6*AA Li batteries	0.108
YellowStone 6600mAh battery	0.182
SeaToSummit dry bag	0.048
iPhone 4S in LifeProof waterproof case + charging cable	0.174
Garmin Oregon 650 GPSr + cable	0.231
Money, drivers licence	0.090
First Aid kit	0.606
Maps, compass	0.349
Water	
600ml in PET bottle	0.678
~400ml in Platypus	0.499
Water bladder (wine cask inner) in stocking holder for camp	0.054
Staminade powder	0.120
Food	
Friday lunch	
3* ham and salad wraps	0.344
Friday tea	
BackCountry freeze-dried honey soy chicken + extra couscous, dried water melon and apple, coffee bag	0.180
Saturday breakfast	
Muesli + milk powder, pills, 6*VitaWheat with vegemite and peanut butter, Cappuccino powder	0.145
Saturday lunch	
6*VitaWheat, salami, cheese, tomatoes; tea bag	0.180
Saturday tea	

BackCountry freeze-dried honey soy chicken + extra couscous, dried water melon and apple, coffee bag	0.180
Sunday breakfast	
Museli + milk powder, pills, 6*VitaWheat with vegemite and peanut butter, Cappuccino powder	0.145
Sunday lunch	
6*VitaWheat, salami, cheese, tomatoes; tea bag	0.180
Emergency - vegetable soup, 2*tea bags + food bag	0.070
Extra - 3*Muesli bars	0.096
Extra - snakes (yum, for sharing)	0.213
TOTAL	11.401

This gear list is merely an example. It needs to be adjusted for seasonal variations and should be varied for personal preference. Usually not as much battery power is required 😊. John Evans.