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Canberra Bushwalking Club

MARCH 2025 LEADERS LETTER

Yuma wonderful CBC activity leaders!

Alternative Method for Submission of Social Media Posts

All CBC leaders are encouraged to send photos and text about their walks to the club social media team for posting on Facebook, it's a great way of sharing the joys of your trip.

At the moment, leaders need to email their text, photos and captions to facebookadmin@canberrabushwalkingclub.org.

However, the club is developing another option that will allow leaders to draft their Facebook posts directly onto the club's Facebook page. It has the potential to save leaders a fair amount of time and bother. If you would like to take up this option, please email facebookadmin@canberrabushwalkingclub.org and let the social media team know.

You don't have to take up this alternative method if you don't want to. If you feel more comfortable email material, continue to do so.

New Walk Leader Inga Doemland



Inga arrived in Australia from Germany in 2010 and fell in love with the Australian bush straight away. The vastness, the smells, the animals, the colours, Australia is so special. Her relatives in Wagga Wagga took her for the first day-walks and a few years later she found friends in Sydney who introduced her to multi-day hiking. On one of the first ever walks to the Bonnum Pic, she learnt what “bush-bashing” means and what off track walking is. It was initially a little scary, but she had a great friend and leader who took her on many more adventures after that. In 2024 Inga finally joined the CBC to share the joy of bushwalking in this region with fellow walkers from Canberra. For Inga it is important to follow the leave no trace principals and hike as sustainable as possible trying to combine lightweight hiking with less single use plastics. There is so much to learn from one another

and Inga is looking forward to meeting more amazing people through leading, co-leading and participating in many more walks.

February Walk Leaders

Thanks to our wonderful volunteer activity leaders who provided outdoor adventures in February.

Jenny A, Michael C, John D, Gerald D, David D, Linda G, Jenny H, Diana K, Di McD, Stephen M, Dick M, Sal O, Mark P, Noelia P, Andrew S, Keith T, John E.

With calendar Autumn months ahead, it would be great to see currently inactive leaders pop on some trips in the hopefully more stable weather.

Leader Assistance with Training Activities

Many thanks to Steven H who assisted Keith T conduct the River Crossing Training, and to Terrylea R, Sandra T, Keith T and Stephen M who assisted John E conduct the Practical Map and Compass Navigation Exercise for the Tumut Bushwalking Club.

Walk Gradings

CBC walks are graded according to length, terrain and conditions. You will find details on the website [here](#).

- Length - Short (S) less than 12km/day; Medium (M) 12-20km/day; Long (L) 20-30km/day; eXtra Long (XL) more than 30km/day. 1km is added to the length for every 100m of climb
- Terrain – Easy (E) fire trail, tracks, beaches etc.; Medium (M) bush tracks, alpine areas, some scrub; Rough (R) much scrub, steep climbs, rock scrambles
- Conditions – Wet (W) compulsory swims, many river crossings; eXploratory (X) the area is unknown to the leader.

Do note that the grading is **per day**. So a multi-day trip of 50km will not necessarily be eXtra Long (XL) if its duration is 3 days.

Do remember to **add 1km** to the length for every 100m of climb.

SES BSAR

The State Emergency Service Bush Search and Rescue unit is inviting experienced bushwalkers, canyoneers and rock climbers, experienced in operating in remote or wilderness area, to apply to join. Please contact me if you'd like to pursue this.

Please **contact me** if I can assist you in any way.

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