



## Canberra Bushwalking Club Emergency Contacts

This information sheet and a pen should be carried by all members on all trips.

### Getting help

If you have mobile reception and you ring for help, you can either contact the emergency services directly or call one of the Club's contact officers and ask them to contact emergency services. To contact the emergency services directly, ring 000 if the situation is life-threatening or time-critical. Otherwise, contact the Police on 13 14 44.

If poisoning is suspected, try to call the Poisons Information Hotline on 13 11 26.

The Club's Contact Officers, in order of precedence. Start at the top of the list and work your way down.

Position	Name	Phone Number
Check-in Officer	Salih Ozgul	0416 277 826
Walks Secretary	John Evans	0417 436 877
If unable to contact one of the Contact Officers, try contacting one of the following Committee Members.		
President	Noelia Pinto	0411 189 820
Keith Thomas	Web Manager	0421 607 667
Membership Secretary	Andrea Coombas	0411 266 134

Have as much of the following information as you can at hand when requesting emergency assistance. Write it down if you can; don't rely on your memory.

- The grid reference and datum of the emergency including the map name and scale.
- If you have a GPS, the latitude and longitude in degrees and decimal minutes (hddd°mm.mmm') using the WGS84 datum.
- The problem and how serious it is.
- Number of people requiring assistance.
- Number in party, what equipment, particularly shelter and clothing, food and water you have.
- The phone number you are ringing from and an alternative phone number if one is available.
- Possible road access point, approximate distance from your current position and nature of the terrain and vegetation.
- Current weather conditions.

Note that if a search is required Police will probably need to talk directly to the leader at some stage.

In cases of serious injury (e.g., a broken ankle or leg and possibly a broken arm, depending on the terrain) or serious illness, you may decide to activate a personal locator beacon (PLB). However, outside help may take hours to arrive, so also consider the requirements of the rest of the party.

If helicopter rescue is a possibility, have available the GPS location (or alternatively, the map reference) of open ground that could be used as a helicopter landing site or winch location and the estimated wind strength.

- GPS location (preferred): set the datum to WGS84 and provide latitude and longitude in degrees and decimal minutes.
- Map reference: in Grid Reference format; provide map name, map datum, map scale and publisher.

The Club policy for overdue trips is to allow up to 24 hours for delays, due to weather conditions or exhausted party members, before emergency services are notified. If your trip is overdue and not in need of assistance, the leader should contact the Check-In Officer as soon as possible to prevent any emergency services from being activated.

The Telstra mobile phone network is usually superior to other networks in rural areas. Mobile phones work on "line-of-sight" to the nearest base station. With a marginal signal, try calling from higher ground. Note that batteries run down faster in areas of low signal strength so charge the battery before leaving home and turn the phone off (or at least to flight mode) when not needed. Text messaging uses less battery power than voice calls and can sometimes work in poor signal conditions when a phone call is not possible.

### Other Relevant Documents

[CBC Emergency Information](#)

[CBC Ground and Air Rescue Advice](#)

[CBC Incident Report Form](#)