

Canberra Bushwalking Club (Inc)



Leader: _____ Activity date: _____
 Activity name: _____ Activity grading: _____

Acknowledgment of Risks and Obligations

In voluntarily participating in the above activity, I am aware that I am risking injury, illness and death, and loss of or damage to my property. Typical risks may include but are not limited to hyperthermia, hypothermia, slipping on loose or icy surfaces, slipping on rocks, falling rocks, exposure, snake bite, bee stings and other insect attacks, burns, drownings, stepping into unseen holes, accidents during vehicle travel to walks, navigation errors and becoming lost.

To minimise risks I will:

- inform myself of the nature of the activity and ensure that it is within my capabilities;
- carry food, water, medication, clothing and equipment appropriate for the activity;
- advise the leader of any physical or other limitation, or any dependence on medication, that may require urgent attention during the activity;
- make every effort to remain with the rest of the party during the activity;
- will advise the leader of any concerns I am having; and
- comply with all reasonable instructions of the leader.

I understand these risks and requirements. If a temporary member (ie NOT a member of CBC), in signing this form I acknowledge that I have been granted temporary membership of Canberra Bushwalking Club (Inc).

	Name	Signature	Member (M) or Temporary (T)	Emergency contact phone
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Leader Declaration

- No injury requiring (or likely to require) medical attention or significant incident* occurred during this activity.
- Injury requiring (or likely to require) medical attention, or a significant incident*, occurred during this activity and I understand that I have an obligation to report this to the Check-In Officer and to prepare an Incident Report.

*A significant incident is one in which there was a need to involve outside authorities; an unanticipated and serious threat to the safety of the party; a lengthy and unexpected delay to the progress of the party; major damage to property; or any other unforeseen event about which members should be forewarned.

Leader Signature:

At the completion of your trip: send an email to check.in@canberrabushwalkingclub.org (with a scanned copy of this form if possible), or phone or SMS the Check-in Officer, and email or snail-mail this form when possible.