



Canberra Bushwalking Club



Fun on a recent Toddlers' Toddle organised by Linda Groom

NOVEMBER 2023 LEADERS LETTER

Yuma CBC Walk Leader

Meet our Newest Walk Leader: Di McDean

"I enjoy bushwalking but not too hard core. I love multi-day hikes with my better half. The most recent one being the new Murramarang South Coast walk in June this year.

My retirement dream is to 'walk the world' but that is a few years off so we are doing what we can in the meantime.

My best memory of walking with my family is the ten peaks in Kosciuszko with my then 12- and 13-year-olds reaching the 10th peak on Xmas day 2007. The family challenge is getting our 5-year-old granddaughter to love hiking as much as we do."

Di's first-led walk will be scheduled very soon. Do support her!



Bushwalking NSW Leadership Training

Our peak organisation, Bushwalking NSW, has produced an online, self-paced, individual registration Leadership course. It is available to **ALL** CBC members **NOW** by registering for the Bilby activity [here](#). Only 2-3 hours of your time. You'll be surprised by the issues covered. They may well have application in other areas of life.

(It's currently scheduled in Bilby on 30 November, but it's an online course available to ALL, NOW.)

First in, best dressed - Tidbinbilla Skyline development

Opportunities for one leader to join Tidbinbilla Nature Reserve Rangers on the Tidbinbilla skyline on Tuesday 7 November and Tuesday 14 November. Email walksec@canberrabushwalkingclub.org to express interest.

More in the CBC Quarterly Magazine *it*, but if you see any tapes between Fishing Gap and Tidbinbilla Peak, please do not remove them.

Evening Daylight Savings Walks

Huge thanks to Jeff Bennetts for coordinating Thursday evening daylight savings walks. There's one scheduled every Thursday from late October through to the end of February. And thanks to the leaders for putting them on.

Sunday Morning Walks on Mt Ainslie

Andrew Struik is again scheduling his popular Sunday morning walks on Mt Ainslie. Good exercise and home for lunch.

October Walk Stats

34 trips were completed in October, up from 21 in September. Thank you to contributing walk leaders, who were Jenny Arnold, Peter Conroy, Luisa Dal Molin, John Danaro, Allan Donnelly, Marlene Eggert, Linda Groom, Laeli Hogan, Rob Horsfield, Stephen Marchant, Dick Morton, Lauren Ogden, Sal Ozgul, Noelia Pinto, Terrylea Reynolds, Phillip Starr, Andrew Struik, Keith Thomas, Ian Wright, John Evans. There were 224 participants (+ Wednesday Walkers who are not recorded in Bilby). Participation included 35 guests.

Do consider scheduling an activity in Bilby. More activities mean more choices for members and guests, and more manageable party sizes. How about a Christmas-themed walk in December?

Sub24 Activities

Many thanks to Michael de Raadt who has scheduled a Sub24 trip on 25-26 November. Do encourage walkers on your trips to make a booking, if they're interested in progressing from day walks to overnight trips. Ana Vrancic has also scheduled one for 18-19 November.

Forward Planning

In previous years there have been some wonderful high country and coastal 'car camp' style activities during the summer months. Time to start planning again?

Check out the published public holidays on the web to schedule your trips into the first quarter or so of 2024.

Getting Started as a Leader with Bilby

The very useful material brought together by Quentin Moran has been reformatted to clarify the steps involved. Check it out on the CBC website [here](#). And whilst you're there, why not remind yourself of the [Guidelines for Leaders](#) and [Guidelines for Participants](#)?

SEND Devices and PLB

SEND devices are Satellite Emergency Notification Devices. They include Garmin and other manufacturers' devices that communicate via commercial satellite systems (e.g., Garmin inReach via Iridium satellites). They are excellent because they provide 2-way communication in an emergency. A PLB (Personal Locator Beacon) cannot provide 2-way communication but has an advantage of emitting a homing signal (monitored by aircraft) at 121.5MHz which allows the pinpointing of the location of an emergency. This is in addition to the distress signal sent to the COSPAS-SARSAT system at 406MHz, which provides your location to rescue services. To obtain maximum advantage of incident location, homing signal and 2-way communication, AMSA (Australian Maritime Safety Authority) recommends a PLB as the primary device and a SEND as a complementary device.

You should have a beacon of one/both sort(s) in your party for off-track trips, particularly in areas of unreliable mobile phone coverage. Know how to work them and test them before you go. Contact equipment@canberrabushwalkingclub.org to borrow the Club's PLB.

Hot and Dry Weather Conditions

Another reminder to plan your activities to take account of the weather forecast. Go early, wet or high. Carry plenty of water.

Please **contact me** if I can assist you in any way.

Yarra.

john evans

Walks Sec

walksec@canberrabushwalkingclub.org

jevansact@gmail.com

0417 436 877

Copyright © Canberra Bushwalking Club 2023