



Yellow alpine ranunculus (buttercups)

DECEMBER 2023 LEADERS LETTER

Yuma CBC Walk Leader





Have you ever wondered who sets up all the Wednesday Walks activities? It's John. Typically, he takes the content from the Wednesday Walks email and creates and manages a Bilby entry. That's not only for CBC-led Wednesday Walks, but all Wednesday Walks. (Don't forget that if you are leading a Wednesday Walk for CBC, you need to check in the trip by sending the signed Acknowledgement of Risks and Obligations form to check.in@canberrabushwalkingclub.org).

And John also sets up the roster of CBC Wednesday Walks leaders, both for Easy/Medium and Medium/Hard trips. He's recently asked for volunteers for January - June 2024. Please respond to John if you can help.

Our Facebook Admin: Joe Carmona

The CBC Facebook page reaches an audience of 4,500. It's a great way to showcase our Club's activities and encourage others to get out in the bush. If you, or others on your trip, take a few snaps and would like to share them publicly, send some short and catchy descriptive text and 4 or 5 photos to Joe at

<u>facebookadmin@canberrabushwalkingclub.org</u>. Give captions for the photos. Joe will then post to our <u>Facebook page</u>. By the way, just check with people in the photos that they're happy with that.



November Walk Stats

29 trips were completed in November. Thank you to contributing walk leaders, who were Jenny Arnold, David Briese, Andrea Coomblas, Luisa Dal Molin, Gerald Dodgson, Allan Donnelly, Roger Edwards, Jenny Horsfield, Rob Horsfield, John Kelly, Diana Kirby, Quentin Moran, Dick Morton, Sal Ozgul, David Poland, Terrylea Reynolds, Andrew Struik, Ana Vrancic, John Evans. There were 187 participants (+ Wednesday Walkers who are not recorded in Bilby). Participants included 15 guests.



Participant Involvement

Do encourage participants on your walks to get involved, in addition to enjoying your trip. For example, you could ask someone to lead the next leg, after you give them a description of the objective, bearing and distance. Be willing to share your map, route finding and any navigating tips. If you have a chatterer in the party, set them going making any guests particularly welcome.

When is the Acknowledgement of Risks and Obligations form used?

The Acknowledgement of Risks and Obligations form should be used on every CBC-led Wednesday Walk.

For other activities, members and registered guests do not need to sign on. They have already acknowledged the conditions when renewing membership or creating a guest account. If, by chance, you have a 'walk up' (no valid booking, not a member or registered guest), use the form.

However, if in doubt, ask participants to sign the form. It provides you and the Club public liability insurance.

Want some bedtime reading?

All you ever want to know about planning and leading a trip is in the **Bushwalking Manual**.

Lightning

What would you do as a thunderstorm closes in? Some ideas here.

'Enriching the Team Spirit & Nature Connection of Leaders & Participants' within Canberra Bushwalking Club

This online, individual, self-paced course continues to be available <u>here</u>. 34 leaders and members are currently doing it. Only 2-3 hours of your time.

Please contact me if I can assist you in any way.

Wishing you a happy and peaceful Christmas - New Year season, with plenty of good walking.

Yarra.

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